



**Think
Spring!**

All breakfasts and lunches are served with 1% milk. Whole wheat or whole grain is served a minimum of once daily.
All juice is 100%. Menus are subject to change, without notice, due to product availability.

March 2020 Head Start Menu

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST		2 Pigs in a Blanket Pears	3 Tortilla Peanut Butter Banana	4 Pancakes Peaches	5 French Toast Applesauce	6 Cereal Blueberries	7
LUNCH		Green Eggs & Ham Hash Browns Mandarin Oranges Bread & Butter	Chicken Noodle Soup Crackers Fresh Veggies with Dip Apricots	Cottage Pie Peas Fruit Cocktail Bread	Lasagna Rolls Green Beans Pineapple	Fish Sticks Potato Wedges Tropical Fruit Bread	
PM SNACK		Animal Crackers Milk	Cheese Crackers	Early Dismissal 12:15	Goldfish Milk	Pretzels Raisins	
8		9 Omelet Hash Browns	10 Waffle Sticks Strawberries	11 Oatmeal Raisins	12 English Muffin Peanut Butter Grape Juice	13 Yogurt Blueberries	14
		Ham & Scalloped Potatoes Peas Fruit Cocktail Bread	Chicken & Rice Broccoli & Carrots Cherries	Chili Crackers Cheese Carrots/celery Pears	Tater Tot Casserole Green Beans Mandarin Oranges Bread	Hamburger French Fries Peaches	
		Teddy Graham's Milk	Cottage Cheese Pineapple	Early Dismissal 12:15	Cheese Stick Applesauce	Cereal Milk	
15		16 Breakfast Pizza Pineapple Juice	17 French Toast Pears	18 Cereal Banana	19 NO SCHOOL STAFF WORK DAY	20 SPRING BREAK NO SCHOOL	21
		Spaghetti Corn Tropical Fruit	Ham & Bean Soup Cornbread Cheese Stick Peaches	Popcorn Chicken Baked Beans Mandarin Oranges Dinner Roll			
		Graham Crackers Fruit Cocktail	Banana Milk	Early Dismissal 12:15			
22		23 Yogurt Pears	24 Bagel Peanut Butter Applesauce	25 Oatmeal Blueberries	26 Waffle Sticks Strawberries	27 Cereal Raisins	28
		Chicken Tetrazzini Broccoli Cherries	Ham Sandwich Cheese Stick Pea Salad Pineapple	Sloppy Joes Potato Wedges Peaches	Swedish Meatballs Brown Rice Green Beans Fruit Cocktail	Corn Dog Potato Wedges Tropical Fruit	
		Corn Chips Milk	Pretzels Grape Juice	Early Dismissal 12:15	Goldfish Apple Juice	Animal Crackers Milk	
29		30 Scrambled Egg Patty Hash Browns	31 Pancake Applesauce				
		Ham Sweet Potato Fries Pineapple Bread	Chicken & Noodle Casserole Peas & Carrots Peaches				
		Yogurt Granola	Trail Mix Raisins				