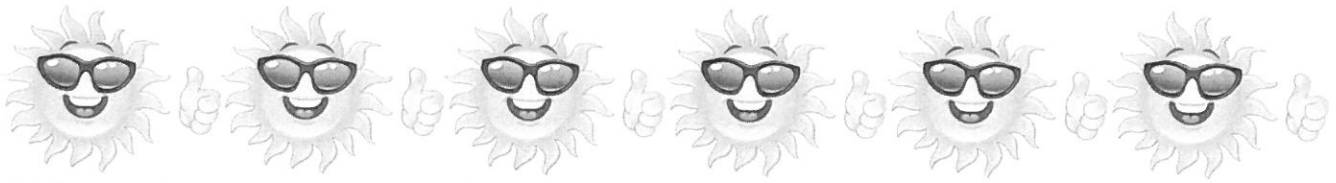


All breakfasts and lunches are served with 1% milk. Whole wheat or whole grain is served a minimum of once a day. All juice is 100%. Menus are subject to change, without notice, due to product availability.



## MAY 2019 HEAD START MENU

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>BREAKFAST</b>	29 Omelet Biscuit Pineapple	30 Bagel Apricots	1 English Muffin Fruit Cocktail	2 Tortilla/peanut butter Cinnamon Apples	3 Yogurt Pears	4
<b>LUNCH</b>	Spaghetti Green Beans Pears	Pulled Pork Sand. Baked Beans Tropical Fruit	Hamburger Stroganoff Tossed Salad Mandarin Oranges	Chicken & Rice Peas Peaches	Popcorn Chicken Corn Apples Bread	
<b>PM SNACK</b>	Goldfish Milk	Animal Crackers Apple Juice	Early Dismissal 12:30	Cheese Wheat Crackers	Celery Peanut Butter Milk	
5	6 Pigs in a Blanket Applesauce  Bagel Tuna Melt French Fries Pineapple  Tortilla Chips Salsa Milk	7 Oatmeal Banana  Ham & Scalloped Potatoes Green Beans Peaches  Pretzels Cheese Stick	8 Waffle Sticks Strawberries  Taco Salad: Lettuce, taco meat, cheese, tortilla chips, sour cream, salsa. Black Beans Tropical Fruit  Early Dismissal 12:30	9 Yogurt Mandarin Oranges  Corndog Tater Tots Honey Dew  Teddy Grahams Pineapple Juice	10 Cereal Raisins  Chicken Enchilada Casserole Corn Grapes  Cottage Cheese Fruit Cocktail	11
12	13 Breakfast Burrito Pears  Sweet N Sour Meatballs Brown Rice Broccoli Cherries  Trail Mix Milk	14 French Toast Pineapple  Ham Baked Beans Tropical Fruit Dinner Roll  Animal Crackers Fruit Cocktail	15 Pancakes Applesauce  Tater Tot Casserole Peas Peaches Bread  LAST DAY FOR GREEN & RED ROOM EARLY DISMISSAL 12:30	16   COOK'S CHOICE	17   COOK'S CHOICE	18
19	20   COOK'S CHOICE	21   COOK'S CHOICE	22   COOK'S CHOICE  LAST DAY OF SCHOOL EARLY DISMISSAL 12:30	23   NO SCHOOL	24   NO SCHOOL	25
26	27	28	29   HAVE A GREAT SUMMER!!! ☺	30	31	