

All breakfasts and lunches are served with 1% milk. Whole wheat or whole grain are served daily. All juice is 100%. Menus are subject to change, without notice, due to



product availability..

## HEAD START MENU FEBRUARY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Cereal Raisins  Hamburger Stroganoff Peas Fruit Cocktail  Cheese Stick Pineapple	2
3	4 Egg Patty Mandarin Oranges  Chili Oyster Crackers Carrots/celery w/dip Tropical Fruit  Graham Crackers Milk	5 Tortilla/peanut butter Peaches  Mac N Cheese Peas Banana  Pretzels Applesauce	6 Pancakes Pineapple  Spaghetti Green Beans Pears  Early Dismissal 12:30	7 French Toast Applesauce  Mexican Casserole Corn Cinnamon Apples  Cheese Crackers	8 Yogurt Strawberries  Popcorn Chicken French Fries Fruit Cocktail Bread  Bagel/cream cheese Milk	9
10	11 Pigs in a Blanket Applesauce  Chicken & Rice California Blend Tropical Fruit  Cheese Stick Apple Slices	12 Waffle Sticks Strawberries  Ham & Scalloped Potatoes Peas & Carrots Pineapple  Banana Milk	13 Oatmeal Raisins  Sloppy Joe French Fries Grapes  Early Dismissal 12:30	14 Pancakes Peaches  Turkey Mashed Potatoes & Gravy Fruit Cocktail Dinner Roll  Trail Mix Pineapple Juice	15 Cereal Blueberries  Beef Fingers Baked Beans Mandarin Oranges Bread  Animal Crackers Milk	16
17	18 Breakfast Pizza Pineapple  Italian Rotini Brussel Sprouts Tropical Fruit  Goldfish Apple Juice	19 Bagel/cream cheese Apricots  Chicken & Noodles Peas Peaches  Tortilla Chips Salsa Milk	20 French Toast Sticks Applesauce  Swedish Meatballs Brown Rice Green Beans Fruit Cocktail  Early Dismissal 12:30	21  NO SCHOOL STAFF WORK DAY	22  NO SCHOOL STAFF WORK DAY	23
24	25 Omelet Mandarin Oranges  Cheeseburger French Fries Sliced Apples  Cereal Milk	26 English Muffin Applesauce  Teriyaki Chicken Brown Rice California Blend Apricots  Cheese Stick Pineapple Juice	27 Waffle Sticks Strawberries  Hamburger Stroganoff Broccoli Pineapple  Early Dismissal 12:30	28 Egg Patty Orange Slices  Tater Tot Casserole Peas Peaches  Teddy Grahams Fruit Cocktail	March 1 <sup>st</sup> Yogurt Blueberries  Corn Dog Baked Beans Tropical Fruit  Corn Chips Milk	